

EDITORIAL

About health, with hope

Dan Mischianu

Health is an extremely complicated subject, but to talk about health is like howling in a cave: anyone can hear, no one understands! ...maybe only the echo?!

The World Health Organization (WHO) proposed in 1948 when it was established, the following definition: "Health is a fully favorable physically, mentally and socially status, not merely the absence of disease or infirmity." Then came an addition: 'ability to lead a productive life, socially and economically. "

I recently finished reading a bestseller also promised to the Romanian reader by Polirom publisher "Sapiens A Brief History Of Humankind" Yuval Noah Harari, Vintage Books, London, 2014. A strange creature this "homo sapiens" is, strange since all his derivatives propose other approaches and other perceptions on the concept or "health"! To primordial "sapiens" health had other connotations...

Perhaps they were cleverer, crueller, and that is why they prevailed and multiplied logarithmically. Then the diseases appeared: congenital, posttraumatic, neoplastic, infectious and so on...

Returning to our nation, Romanians produced with unmistakable grace many sayings, in which

they truly believe: "Health is better than all!", "Health is the best wealth!"

Or, pessimistically "Until you're sick, you cannot be healthy!"

The traditional stories regarding health record something else: "Health, contentment and trust are your most valuable possessions and freedom is the greatest joy of yours."

I am absolutely convinced that we all want to reach or to "apply" (Anglo-Saxon term) to an entity which we believe is intangible: "Health comes first!"

Unfortunately, after we solve almost all our goals and desires, we find that health left at the end, it is "unsolvable"!...

Romanians deep and law abiding Christians, ancestral pessimistic have another saying "Cherish health when you lose it!"

Even I do not understand this allegory, why?

Because I work in a field that many pretend to understand, but few have deciphered the "anatomy and physiology" of its development, an area where financiers who led it wanting to make



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a profit, now keep their mouths shut nor can i forget that there were great men, deciding the destiny of many nations, who had a absolutely unfortunate history of "health": Emperor Napoleon III died in urosepsis under the supervision of the most famous urologist of its time, Emperor Wilhelm II, the first grandson of Queen Victoria of the United Kingdom, born with left brachial plexus palsy after a labor dystocia (1859), "irritable, angry, violent and passionate" started The First World War and Generalissim – Iosif Vissarionovich Stalin's apparently had the same malady that which made him as reckless and cruel.

They followed, and still follow many others, the bad, and the complexed!

It is these thoughts that make me not to forget Miron Costin's assertion: "There are times under the man, but the poor man under these times." ("Chronicle of Moldavia after Aron Voda").

For this editorial, unfortunately slightly skeptical about the future, it will appear in the new year 2017 I ask the reader of these lines to believe and hope that Romania will benefit from a new configuration of a credible, effective and with a tendency towards the many health system.

I further wish you a happy New Year full of accomplishments, or, as people say in our country, "A Happy New Year!"